



ALEX JARVIS FROM VANILLAESTHETICS TALKS THE LATEST IN INJECTABLES, REFRESHING AND REJUVENATING THE FACE FOR NATURAL-LOOKING RESULTS WITH LESS PAIN AND DOWNTIME. JESSICA RULE REPORTS.

With 20 years' experience in the medical industry, registered nurse injector Alex Jarvis has stayed abreast of developments within the cosmetic enhancement arena. She says patients are increasingly opting to tweak and refresh their look with minimally-invasive, non-surgical options: injectables.

'These types of aesthetic treatments are based on muscle relaxant injections and injectable gels, which can result in filling wrinkles, modifying facial shape and volume, and revitalising the dermis,' says Jarvis.

'I like to use Estéélis and Fortéélis, two key hyaluronic acid-based fillers in the Anteïs suite of injectables,' she continues. 'These are soft, malleable fillers that I like to layer to maximise the results. As every face is different, each client requires their own personalised approach – there is no one-size-fits-all when it comes to injectables. This is why it's so important to choose an experienced injector with a keen artistic eye.'

Jarvis says she believes these fillers integrate seamlessly with the native facial tissue. 'Older generation products had risks including lumps, bumps and even blue lines at the injection sites,' she says. 'Estéélis and Fortéélis are forgiving fillers that produce aesthetic results.'

The latest development in the injectables market is the Anteïs Injection System. This is an automated system that delivers predictable results. 'It's like a pencil, which is attached to a foot pedal that controls the speed, flow and movement of product,' says Jarvis. 'It's almost like an artist sketching, for example when we make the long lines in a retrograde movement for revolumising the cheeks.'

'I have injected patients with the traditional methods and then used the Anteïs system and they've reported less pain during treatment, less tell-tale signs and no residual pain' she says. 'Patients find they have less bruising, redness and swelling, and can therefore return to work or social activities without it being obvious they've had a treatment.'

From the perspective of the injector, Jarvis says the system has allowed her to be more accurate and time-efficient in treating patients, using less product to better effect. 'I'm also free from the need to control the product as the injector guides the cannula while the system regulates the product flow,' she explains. 'This means I have more time to focus on the artistic effect and precise placement of the product – and that means gaining a more aesthetic result.' **acsm**

Case study 1

Sarah was injected with 1ml of Estéélis in her lips, 2ml of Fortéélis to revolumise each cheek and 0.5ml of Estéélis beneath each eye to refresh a tired appearance.

Having undergone multiple dermal filler treatments in the past, Sarah, 42, says she is all too familiar with the after-effects of using traditional injections.

'From past experiences I've known to expect tenderness and sometimes slight bruising after having fillers. I didn't realise there was another method,' she says. 'The Anteïs system is extremely gentle – there was no pulling, no tugging and no needle-like sensations. Even the sensation of the filler going into the skin was almost non-existent.'

Sarah says there was no trauma to her skin and the results of her treatment were immediate. 'I noticed the filler felt settled much more quickly than usual, so I was delighted when my family had no idea that I had anything done when I saw them that night!'



BEFORE

AFTER



BEFORE

AFTER



BEFORE

AFTER



BEFORE

AFTER

Case study 2

Lisa had 1ml of Fortéélis in each of her cheeks to plump her face using the Anteïs Injecting System. She says going into her appointment with Jarvis she was experiencing some apprehension. 'I was nervous with anticipation but that soon faded as I had a pain-free experience – I didn't feel a thing,' she says.

In fact, Lisa says she didn't feel as though she would have needed any local anaesthetic. 'Afterwards I had very slight bruising but it wasn't noticeable at all,' she says. 'I haven't told people that I've had anything done and I always make it clear that I'm after a natural-looking result. My results are subtle but with a noticeably fresher appearance.'